



**JOIN THE PARTY!  
WITH ERIKA**

**Monday's 7:30pm-8:30pm  
At The Graceful Planet  
7 Berkshire Road  
Sandy Hook, CT 06482**



**TONE and SHAPE your body for the upcoming  
SPRING BEACH SEASON!**

**8 Week Series Begins Monday March 5th, 2012**

**\$79.99 for the series (Less than \$10 Per Class  
\$15.00 Walk in Call For GROUP RATES**

***(Limited Space! Sign Up ASAP!)***

**Call or Email Sunshine Health And Fitness Executive  
Trainer Ari Friedman to REGISTER @ 203-525-6242 or  
[Ari@SunshineHealthAndFitness.com](mailto:Ari@SunshineHealthAndFitness.com)**

**\*\* Only INDOOR SHOES are permitted on the Graceful Planet Zumba  
Floor.**